

The Group Spa Collection

Whether rewarding top performers, hosting an executive retreat, or enhancing a corporate meeting, Silverado Resort offers thoughtfully curated wellness experiences that blend the sophistication of Napa Valley with meaningful opportunities to relax, reconnect, and recharge. Our customizable group programs are designed to complement your agenda while creating memorable moments that inspire both productivity and well-being.

Meeting Planner Benefits

Groups enjoy a seamless planning experience with:

- Dedicated Spa Group Coordinator
- Customized treatment scheduling around meeting agendas
- Flexible treatment blocks
- Reserved relaxation areas for private groups
- Group pricing on spa enhancements
- Complimentary VIP treatment for qualifying planners

Group Spa Packages

All group spa packages include full-day access to the spa's relaxation lounge, locker room, steam room, jacuzzi, wellness tea service, and outdoor amenities.

THE EXECUTIVE ESCAPE | 50 MINUTES

The perfect retreat between meetings or after a productive day.

Includes:

50-Minute Treatment (choice of Silverado Bloom Massage or Advanced Renewal Facial)

THE VINEYARD RENEWAL EXPERIENCE | 95 MINUTES

Inspired by the restorative spirit of Napa Valley vineyards, this experience is designed to relieve stress, restore energy, and prepare guests for another productive day.

Includes:

80-Minute Crushed Cabernet Scrub

25-Minute Foot Reflexology Treatment

Aromatherapy Enhancement

THE SILVERADO RETREAT | 100 MINUTES

Reward your top performers with Silverado's signature wellness experience.

Includes:

50-Minute Massage (choice of Silverado Bloom or Deep Recovery Sports Massage)

50-Minute Advanced Renewal Facial

Complimentary Enhancement



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THE WINE COUNTRY RESET | 130 MINUTES

After a day of meetings or wine tasting, guests will enjoy a restorative experience inspired by the beauty and pace of Napa Valley.

Includes:

50-Minute Treatment (choice of Silverado Bloom Massage or Neuro Reboot System Reset)

80-Minute Skin Immuni-D Boost Facial

Complimentary Enhancement

Networking Experiences

SPA & SIP

A memorable networking experience after a day of meetings.

Includes:

Choice of Any 50-Minute Treatment

Champagne or Local Wine Reception*

WELLNESS & WINE

The perfect conclusion to a conference day.

Includes:

Choice of Any 80-Minute Treatment

Specialty Wine



Pricing for spa packages is available upon request.

Policies: Reservations are recommended well in advance for corporate groups. Please arrive 30 minutes before appointments. Current spa pricing is subject to a 22% service charge. Custom proposals and private buyouts are available through our Spa Concierge.

**Wine service available in accordance with resort policies.*

Group Wellness Packages

Bring your team together at Silverado Resort with spa-inspired activities that blend relaxation and wellness. From soothing treatments to energizing experiences, we'll help you create a corporate retreat that rejuvenates and inspires.

FITNESS CLASSES

Functional Fitness Reset

Build strength, improve balance, and increase energy through a fun, full-body workout using bodyweight exercises and light equipment. Suitable for all fitness levels.

Best For

Team-building events, incentive groups, executive retreats, and active leisure travelers.

Boxing Conditioning

Get your heart pumping with this high-energy, non-contact boxing workout featuring cardio, strength, and agility drills. No experience necessary, and modifications are available for all fitness levels.

Best For

Corporate groups, incentive trips, team-building events, executive retreats, and active travelers.

MIND & BODY CLASSES

Outdoor Sunrise or Sunset Yoga

Experience the beauty of the Napa Valley with a guided outdoor yoga class designed to improve flexibility, strength, and overall well-being. Classes are tailored for all levels and offered in a variety of yoga styles.

Best For

Corporate retreats, incentive groups, wellness weekends, wedding parties, and executive retreats.

Mindful Meditation

Pause, recharge, and refocus with a guided meditation designed to reduce stress and improve mental clarity. Suitable for all experience levels.

Best For

Corporate meetings, leadership retreats, conference breakouts, wellness programs, and groups seeking relaxation and stress relief.

Additional Fitness Class Options

FITNESS

- Personal Training
- Boxing
- Bootcamp
- TRX
- Weight Training/HIIT
- Pickleball/Tennis
- Salsa/Zumba Dance

MIND & BODY

- Yoga
- Meditation
- Pilates
- Sound Healing
- Barre
- Chakra Balancing
- Tai Chi

PRICES BEGIN AT

- 1-2 people - \$180
- 3-5 people - \$350
- 6-10 people - \$420
- 11-20 people - \$600
- \$30 for each additional person
- 20% service fee is applied to all private sessions



Group Wellness Packages



CUSTOM WELL-BEING PROGRAMS

Boost Break

Reward your team with a variety of thoughtful enhancements. Choose from one or more. Pricing is available upon request.

- Spa treatment for each attendee (See our extensive spa menu)
- Customize-your-own product gift bag
- Fresh smoothies and a variety of healthy natural snacks
- Make-your-own trail mix bar
- Customized programming to match your meeting theme
- Recharge your team with our 15 or 30-minute Boost Break featuring stretches designed to increase blood flow, release tense muscles and decrease anxiety. Smoothie Bar available as an add-on.

Team Building

Combining physical and mental tasks, a range of activities range from Olympic-style games like tug-of-war and obstacle courses to strategic games that get each team thinking together as a unit.

Spa On The Go

Enrich your meeting experience with spa therapy, proven to increase productivity, mental clarity and concentration. This option allows our world-class spa to come to you with your choice of one or all three mini treatments:

- Chair Massage: neck, back and shoulder massage to relax attendees
- Hand Reflexology: simple hand massage to calm and improve circulation
- Aromatherapy Blend Bar

Ready to design your group spa package? Contact our spa and start planning.

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Policies: Prices on all programs are available upon request. Services to be booked with at least 7 days advance notice.